

## **Nuderm 6 Treatments in 1**

Bespoke ultimate facial	£55
Micro-current / non-surgical	£46
Lunch time lift	£30
Micro dermabrasion	£29
Ultra sound facial	£29
L.E.D Light therapy	£29

**All treatments include Theromtherapy  
and Cryotherapy**

**Add one, either LED or Ultrasound  
into any treatments for just £20**

**Courses available for all treatments listed.**

**For more detailed information - Please see below**

The Nuderm System is by far the jewel in the crown when it comes to non-surgical technology encapsulating all the essential elements. The Nuderm Bespoke facial offering all 6 individual treatments together in sequence over a 1 hour period that will leave you feeling relaxed, rejuvenated and "hopefully" looking 10 years younger!

An initial consultation is required to gauge your individual skin tone/muscle resistance as well as a discussion on what results you hope to achieve during the course. Then a course of 10 treatments is recommended over a period of around 4-8 weeks depending on individual requirements and sensitivity levels, followed by maintenance treatments of 1 or 2 treatments per month to maintain the results. Whether a course is wanted or a quick one treatment boost, you will always see a result after the first treatment.

### **What results can I expect to see?**

- Visible
- reduction of fine lines and wrinkles after just one treatment
- Firmer and tighter skin
- Increased collagen production enhancing texture and tone of the epidermis
- Increase in cell production producing new healthy cells
- Reduction of discoloration and puffiness around the eyes
- Improved circulation
- Lifted Jowell's

### **Nuderm non surgical face lift**

This 6-in-1 treatment, which includes thermotherapy, microdermabrasion, ultrasound, cryotherapy, LED light therapy, and a non-surgical facelift. The machine offers all six treatments within a one-hour time frame. Microcurrent will mimic the electrical signals from the brain to the tendon, the Microcurrent stimulates the tendon thus aiding in strengthening the muscles by bringing more definition to the face and body. By reproducing the body's own biological current we can re-establish muscle memory and re-educate the tired and lazy muscle fibres contained within the muscle back to their original state. The muscle fibres will contract and relax over the course of 15 - 20 min depending on treatment area and clients will see instant results after just one treatment.

### **Nuderm Bespoke**

This Bespoke facial, offers you the choice of choosing what you want from within your facial experience. All facials include the thermotherapy and cryotherapy, you get to choose which you would like to include from Microdermabrasion, Facial muscle lifting and toning, Ultra sound treatment, Light therapy.

The treatment is 45mins of your design. Can be a one off facial experience or a course of 5 or 10 treatments brought from your first treatment.

### **Nuderm Lunch time lift**

Cleanse and straight to it with using a Faradic (Intermittent Current) this mimic the body's own natural electrical energy and send a small amount of electrical energy through the Epidermis to interact with the muscles beneath our surface skin. The Current will penetrate the dermis for 30 seconds (A beep will confirm this) then the current will then stop for 10 seconds. You could say that this is a gym work out for the face.

### **Nuderm microdermabrasion**

The Nuderm System utilises a professional microdermabrasion machine with a vacuum suction alongside the diamond tip head, meaning the dead skin particles that have been removed are sucked away into an interchangeable filter. This ensures a quicker and cleaner treatment than standard crystal Microdermabrasion.

Due to the gradual exfoliation of the epidermis, there is absolutely no risk to the end user of intermittent exfoliation or scarring. This system has been designed around the therapist and in doing so we have alleviated the risk to a minimum.

### **Nuderm Ultra sound therapy**

A thorough cleanse ensures that maximum penetration of the collagen solution will massaged deep into the skin.

Ultrasound will increase the synthesis of Collagen and Elastin and renew damaged tissue. Due to the internal heat emitted from the hand piece the metabolism of the cells will change the PH levels of the skin to a more alkaline state aiding in the absorption of various topical products. Will remove fine lines and wrinkles. Lastly as Ultrasound penetrates to the deepest layers any active ingredient used during this process is distributed to the target area effectively ensuring maximum results for your client and the full benefit of the product used.

## **Nuderm light therapy**

Cleansing of the skin twice ensures the skin is clean and ready to be treated to receive the best results.

There are 4 key spectrums of light that will have a long lasting effect on the epidermis. Red, Green, Blue and Yellow Wavelengths available.

**APDT mask** offers Photo-dynamic Therapy to the whole of the facial area . The mask is one of the best ways to treat the face with LED.

## **LED light therapy:**

- Red: Builds collagen, reducing fine lines and wrinkles.
- Yellow: Can reduce skin redness, treat Rosacea, aids in muscle toning and lymphatic drainage, eliminating harmful toxins from our bodies.
- Blue: Kills bacteria, perfect for active acne, blue light therapy does not dry out the skin.
- Green: For anti-aging benefits, been shown to correct hyper pigmentation, reduce freckling, and eliminate sun spots.

All treatments are bespoke and guided by the clients skins needs.

## **Cryotherapy**

Cryotherapy is perfect after microdermabrasion to sooth, calm and reduce the appearance of any Epidermis.

## **Thermotherapy**

The heat emitted from the hand piece relax and prepare the client pre-treatment. The start of every Nuderm facial will begin with the use of Thermotherapy treatments.

- It will soften up the epidermal tissue, making it easier to work with during treatment.
- The heat will enlarge the size of the blood vessels, which in turn will speed up the blood flow ensuring all the topical ingredients used during the Ultrasound process are circulated more effectively and direct to the target area.
- Surface pores will enlarge allowing the Microdermabrasion treatment a much easier job when exfoliating away the debris from the skin leaving behind a completely cleansed pallet that is ready to be treated.
- It can also be used to reduce inflammation and relieve muscle spasms.

## **Microdermabrasion**

Microdermabrasion is one of the most popular treatments available in today's market. It will transform your complexion and enhance your own natural beauty.

- What are the benefits of Diamond Tip Microdermabrasion?
- Softens
- fine lines and wrinkles
- Reduces Common Acne
- Reduce the appearance of Age Spots and Pigmentation
- Decreases the visibility of Acne Scarring
- Reduces Sun Damage
- Removes Black and White Heads
- Rejuvenates tired aged skin
- Reduces visible stretch marks
- Minimises enlarged and open pores
- Improves tone and texture of the epidermis
- Reduces Blemishes
- Rehydrates dry skin
- Revitalizes dull, stressed, or congested skin
- Rebalances coarsely textured skin.

## **Ultrasound**

### **Benefits of Ultrasound:**

- Will remove fine lines and wrinkles
- Eradicates hyper pigmentation
- Aids healing damaged tissue (Scars, Stretch Marks etc)
- Improves texture and tone of the epidermis dramatically
- Reduces appearance of dark puffy circles and inflammation around the eyes
- Genuinely slim the facial area by reducing sagging skin
- Will aid the absorption of various skin care products distributing them
- much deeper than any other method (Galvanic)
- Eradicates Hypodermic fat
- Aids in the appearance of Acne

## **PDT Mask**

A PDT mask offers Photo-dynamic Therapy to the whole of the facial area. A kind of light therapy, the mask is one of the best ways to treat the face with LED.